





## **FY09 SCOPE OF WORK**

Part 1: Food Policy Network Analysis
Part 2: Food Freight Analysis
Part 3: Agricultural Resources Assessment
Part 4: The Food Economy

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## PART 1: PERCEPTIONS & OPINIONS

Identify stakeholders
Interview stakeholders
Inventory the work of area organizations
Collect Recommendations and Best Management Practices









## PART 2: FOOD DISTRIBUTION

Real Food is a "high turnover" commodity

*A* How do goods move through the region?

Freight Analysis
 Framework
 Origins and Destinations of food

R Supply chain case studies

















Agricultural Land Bas	e:			
Quick Facts about the	Study Area	Jack Contraction		
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			100-Mile	
			Foodshed	
	Foodshed	United States	as part of United States	
2003 Population (persons)	30,954,544	299,398,484	10.3%	
Total Land Area (sq miles)	29,910	3,537,438	0.8%	
Population Density (persons/ sq mile)	1,034.9	84.6		
Total Agricultural Lands (sq miles)	8,123	1,440,775	0.6%	
Number of Farms	45,673	2,204,792	2.1%	
Total Market Value of Agricultural Products Sold	\$6,732,916,000	\$297,220,491,000	2.3%	
Portion of Land Area Devoted to Agriculture	27.2%	40.7%		

10% of the United States' population lives in the 100-Mile Foodshed

The 100-Mile Foodshed has less than 1% of the nation's land area

The 100-Mile Foodshed has a population density 12X greater than the nation's density.

This is the most dense part of the United States.

Less than 1% of the United States' agricultural land is within the 100-Mile Foodshed

However, over 2% of the nation's farms are within the 100-Mile foodshed And over 2% of the nation's value of agricultural products is produced within the 100-Mile Foodshed























Farm Labor			
United States	2007	2002	% Change
Farms that hire labor (farms)	482,186	554,434	-13.0%
Farm labor (workers)	2,636,509	3,036,470	-13.2%
Payroll	\$21,877,661,000	\$18,568,446,000	17.8%
100-Mile Total	2007	2002	% Change
Farms that hire labor (farms)	10,786	11,837	-8.9%
Farm labor (workers)	73,242	76,988	-4.9%
Payroll	\$800,735,000	\$614,990,000	30.2%







Marke	et Value of .	Producte	Agriculture Industry:							
Market Value of Products Sold, Top Counties in 100-Mile Foodsho										
		Number of Farms	Market value of agricultural products sold	% of 100-Mile Total Market Value	Rank in the US of 3,076 counties					
1 L	Lancaster, PA	5,462	\$1,072,151,000	16%	18					
2 \$	Sussex, DE	1,374	\$848,942,000	13%	28					
3 (	Chester, PA	1,733	\$553,290,000	8%	49					
4 E	Berks, PA	1,980	\$367,840,000	5%	108					
5 l	Lebanon, PA	1,193	\$257,097,000	4%	206					
6 A	Adams, PA	1,289	\$216,994,000	3%	281					
7	York, PA	2,370	\$212,634,000	3%	289					
8 k	Kent, DE	825	\$188,390,000	3%	366					
9 (	Caroline, MD	574	\$186,039,000	3%	372					
10 [	Dorchester, MD	424	\$166,732,000	2%	455					
















58% Fresh Market, 44% sold for processing in the 100-Mile Foodshed

Agriculture Industry:								
Types o	f Farm Pra	ctices – I	Direct Sal	es				
Va	lue of Agricul	tural Prod	ucts Sold D	Directly	y to Consum	er		
	20	07 Sales	% of All Farms Sales	2002	% Sales	Increase (2002 to 2007)		
100-Mile Foodshed \$95,408,000		95,408,000	1.4%	1.4% \$61,716,000		54.6%		
United Sta	tes \$1,2	11,270,000	0.4%	\$812,	204,000	49.1%		
Most Direct Sa	les in 2007		Bigg (20	Biggest Increase (2002 - 2007)				
Lancaster, PA	Direct Sales as Part of		Atlantic, N	J	Biggest Decrease			
Orange, NY	Total A	g Sales	Carbon, P	Carbon, PA		(2002 - 2007)		
Bucks, PA	Mercer, NJ	17%	Caroline, I	MD	Burlington, NJ	-70%		
York, PA	Monroe, PA	15%	Mercer, N	J	New Castle, D	DE -52%		
Hunterdon, NJ	Morris, NJ	11%	Monroe, P	Α	Cape May, NJ	J -41%		
	Carbon, PA	11%			Dauphin, PA	-27%		
	Westchester, NY	<sup>,</sup> 10%			Howard, MD	-13%		

## Agriculture Industry: Types of Farm Practices – CSAs

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Top 10 States	CSA Farms	Top 10 Foodshed Counties	CSA Farms				
California	953	Lancaster, PA	47				
Texas	883	Carroll, MD	20				
Kentucky	544	Chester, PA	20				
Iowa	487	Baltimore, MD	19				
Michigan	463	Berks, PA	18				
Missouri	450	450 Bucks, PA					
Washington	437	Cumberland, PA	15				
Wisconsin	437	Hunterdon, NJ	12				
Ohio	424	Warren, NJ	12				
North Carolina	413	Sussex, NJ	11				
Total United States	12,549	Total 100-Mile Foodshed	379				
The 100-Mile Foodshed has 2% of the country's farms							



More than 3% of all Organic Farms

## CONCLUSIONS



Agriculture and other land uses (and different types of agriculture) compete for land
A significant portion of farmers are transitioning over to higher value products
There is potential for even more direct sales
The 100-Mile Foodshed is slightly ahead of US agriculture's curve



Although the agricultural analysis looked at the 100-mile foodshed, our focus for the food economy is more narrow and we are primarily looking at the Philadelphia Metropolitan Statistical Area (or MSA). However, when data is not available on the MSA level, we will look at the three states of Pennsylvania, New Jersey, and Delaware.







Data on food consumption is only available on the national level, and it's measured by food availability, which is used as a proxy for actual food consumption. In 2006, the average American ate 1,619 pounds of food a year. The largest type of food in terms of weight was fruits and vegetables at 676 pounds, followed by milk and milk products.



Americans ate more pounds of nearly every category of food in 2006 than they did in 1970 (which is the earliest year we have complete information for). In particular, the amount of added fats & oils increased by more than half during this period. However, Americans consumed 18% less milk & milk products in 2006 than they did in 1970. Again, though, this measures the availability of food and not necessarily actual consumption.



Turning now to beverages, in 2006, the average American drank 179 gallons of beverages per year, not including tap water. The largest category of beverages was carbonated soft drinks, or soda, at 51 gallons per year, followed by bottled water at 28 gallons.



Beverage consumption trends from 1970 to 2006 have changed more dramatically than food trends because of new types of beverages that started being tracked within this time period. In 1970, Americans on average drank 99 gallons of beverages, which increased to 179 gallons in 2006 (again, excluding tap water). The consumption of soda wasn't tracked until 1980 and it increased from 34 gallons to 51 gallons per capita. Bottled water consumption increased from less than 2 gallons in 1976 to nearly 28 gallons in 2006.



Turning to the nutrients we receive from our food and beverage consumption, the average American consumes 2,157 calories per day. Caloric intake is greatest for women in their twenties, and men in their thirties.



As household income increases, so does the average daily intake of most nutrients, such as calories...



... and grams of fat.



The opposite is true for the intake of sugar, which decreases as income increases.



Turning now to some health trends, the three states of Delaware, New Jersey, and Pennsylvania have generally had a higher percentage of people with diabetes than the national average. In 2007, New Jersey, Delaware, and Pennsylvania ranked 13th, 17th, and 19th nationwide for the percentage of the population with diabetes.



The counties of the Philadelphia MSA also have a higher incidence of diabetes than the national average. In Philadelphia County alone, 9.7% of adults ages 20 and up had diabetes in 2005.



In terms of obesity, as measured by having a Body Mass Index (BMI) of over 30, the rate of obesity in the three metropolitan divisions of the Philadelphia MSA was close to the national average of about 26% in 2007. And so although Philadelphia's been called one of the fattest cities, we're actually at or slightly below the national average for obesity.



Nationwide, the percentage of adults eating the recommended daily intake of five servings of fruits and vegetables has increased gradually over the past few years and was over 24% in 2007. Within the Philadelphia MSA, the Philadelphia Metropolitan Division has long surpassed the national average and has been increasing at a higher rate. On the other hand, the percentage of adults eating enough fruits and vegetables in both the Camden and Wilmington Metropolitan Divisions decreased during this time period and were both lower than the national average in 2007.



Food insecure households are those that are uncertain of having, or are unable to acquire, enough food to meet the needs of all their members because they had insufficient money or other resources for food. Over the past ten years, food insecurity has been lower in the tri-state area than in the nation as a whole. However, this equals nearly 800,000 people in the three states who were food insecure between 2005 and 2007.



An estimated one in five Americans participates in at least one USDA food and nutrition assistance program at some point during the year. One of the largest of these programs is Food Stamps, officially known as the Supplemental Nutrition Assistance Program, or SNAP. Between 2000 and 2008, participation in SNAP increased in the tri-state area, following the national trend. In the three states in 2008, over 1.7 million people (over 800,000 households) participated in SNAP. New Jersey was far below average, with just about 5% of the population using food stamps.



In the Philadelphia MSA (plus Mercer), over 409,000 people participated in SNAP in 2002. Within the MSA, the county with the highest percentage of its population using food stamps was Philadelphia, with over 17% using food stamps, followed by Camden County with 6.5%. This data is from 2002, however, and I'm sure many in this room would attest that these numbers have increased greatly over the past few years.



The largest USDA nutrition assistance program is the National School Lunch Program, which provides low-cost or free lunches to eligible students. In the three states, about 1.9 million students participated in the National School Lunch Program in 2008, and participation has steadily increased over the past few years.







This chart compares household expenditures of the United States to the Philadelphia MSA, shown in green. The Philadelphia MSA spends more on housing than the national average, although it spends less on food, transportation, healthcare, and other expenditures.



Within food expenditures, the Philadelphia MSA spends roughly the same percentage on different types of food as the national average, although it spends less on "other food at home" and more on "food away from home."



The major Northeastern MSAs of Philadelphia, New York, Boston, Washington, DC, and Baltimore all spend roughly the same percentages on the different types of food expenditures. Washington, DC, spends the highest percentage on food away from home, New York spends the highest percentage on meat, and Boston spends the highest percentage on other food at home. Philadelphia comes somewhere in the middle in every category.



The Philadelphia MSA spends approximately 12% of its total annual expenditures on food, equal to the national average and all major northeastern MSAs.



Although the percentage of food expenditures is roughly the same, the actual amount of expenditures varies greatly due to differences in income and cost of living. Philadelphia has a lower cost of living and a lower average household income than all other major Northeastern MSAs.


The total food dollars spent in each MSA is equal to the annual household expenditures times the total number of households per MSA. With its 2.7 million households, the Philadelphia MSA generates over \$15 billion food dollars. The New York MSA, with its 8.7 million households, generates over \$61 billion food dollars.







To measure the impact of the food economy on the overall economy of the region, we identified these six food-related sectors measured by the US Census Bureau in their Economic Census and annual business surveys. The six sectors include... Within these six sectors are 13 sub-sectors, and these make up the food economy that we will be looking at in the following slides.



Agricultural production and transportation are also key factors in the food economy, but are not included in the following analysis. And this is because agricultural production, which we just heard about from Alison, is measured by the USDA and is not included in the Census Bureau data. Also, transportation is not included because we're not able to distinguish between food and non-food transportation in the data. So if we combine the first six food economy sectors...



...they equaled 11% of all jobs in the Philadelphia MSA in 2006. And again, this is a very conservative estimate considering that agricultural production, food transportation, and other sectors like food science are not included due to limitations in the Census Bureau data. Now we're going to look a little more closely at these 279,000 jobs in the food economy.



Of those employees in the food economy, over half work in food services and drinking places like bars and restaurants. Another quarter work in food and beverage stores.



About half of the jobs in food services and drinking places are at full-service restaurants, and 35% are at limited-service eating places like cafes or fast-food.



Most employees at food and beverage stores work at supermarkets, followed by specialty food stores and convenience stores.



Looking at the number of establishments now, those six food economy sectors made up 11% of all establishments in the Philadelphia MSA in 2006, the same percentage as jobs. And within those nearly 17,000 establishments, the breakdown between different sectors was very similar to that of employees, with food services and drinking places having the most number of establishments, followed by food and beverage stores.



Taking a closer look at just food manufacturing, we found that Pennsylvania has a very strong food manufacturing base. In terms of value added, which is the total sales value minus the cost of production, Pennsylvania is fourth in the United States, after the major food manufacturing states of California, Illinois, and Texas. And although New York state has more food manufacturing establishments, Pennsylvania actually produces more value.



Over \$16 billion was spend on food and alcohol in the Philadelphia MSA annually in 2006-2007. Half, over \$8 billion was spent on food at home.



Some of our conclusions regarding the food economy are that Greater Philadelphia has less buying power than other MSAs in the Northeast due to its lower average household income and lower cost of living. On the upside, Pennsylvania has a strong food manufacturing base which produced over \$12 billion in value added. Lastly, we found that the food economy is highly dependent on population and place.



This is illustrated here, which shows the number of establishments of the non-retail side of the food economy after taking out food and beverage stores and eating and drinking places. The Philadelphia MSA comes in sixth out of all MSAs in the country, after Miami and San Francisco. Those two MSAs have more food-related wholesalers than Philadelphia, not only because they have ocean-side ports unlike Philadelphia, but also because Florida and California are two of the biggest agricultural states.



## **NEXT STEPS**

FOOD SYSTEM STUDY

Sub-committee of larger SAC; commit to review document, provide feedback, and help form conclusions
 Part 3 Readers (April/May)
 Part 4 Readers (May/June)

Study published August 2009

## PLAN FOR SUSTAINABLE FOOD SYSTEM

## SCOPE OF WORK:

- 🛯 Envision a sustainable food system
- R Choose indicators that measure sustainability
- R Create a Plan with recommendations to shift
- those indicators towards sustainability
- R Measure the region's progress

Commence work July 2009

## **NEXT STEPS**



Next Study Advisory Committee meeting on Thursday, 7/30 (TENTATIVE)
What did we learn from the study?
Where do we want to go from here?
How do we move forward?





